

# Workshop on Implementing Green Kitchens

## **Green Kitchen workshop by Adamyia Chetana – 27 th Aug 2016, Saturday**

*This workshop is being delivered by Adamyia Chetana Foundation in association with **Indian Institute of Science (IISc)** and support of VTU*

### **\*\* Background \*\***

Amidst the growing environmental concerns regarding the rapid impact of increasing temperatures, carbon foot prints etc., there has also been a growing awareness on the need to adopt eco friendly lifestyles and practices at individual homes, workplaces or in the immediate surroundings. One such area which draws our attention is our homes and kitchens wherein a considerable amount of waste is generated and disposed, whether in a suitable or unsuitable manner is however debatable.

Swachh Bharat Mission is an initiative by the Government of India to create a clean India and promote environmental sustainability. **Adamyia Chetana**, a NGO founded in the year 1997, is involved in providing hot and nutritious meals to over 2 lakh children every day under the Mid Day Meal Scheme through it's 5 kitchens across cities. Adamyia Chetana has pioneered and implemented very successfully the concept of **Green Kitchen** at Bengaluru for the last 5 years. Today, the Bengaluru kitchen cooks food for nearly 50,000 children daily without generating a speck of garbage (solid and liquid), and use of fossil free fuel only.

In this background, Adamyia Chetana would like to share with others in the community and create awareness on concepts of

Implementing Green Kitchens and thereby contribute to the larger society and the environment. By partnering with Adamyia Chetana, VTU college kitchens & hostel messes can follow green earth-friendly practices to reduce garbage and the consumption of water & energy.

In continuation of the Workshop, Adamyia Chetana will be happy to assist you implement **Green Kitchen** at your premises.

## **\*\* When \*\***

27th Aug 2016, Saturday

## **\*\* Where \*\***

**Adamyia Chetana Foundation & Annapoorna – Bangalore**

Community Hall

Kempegowda nagar

Bengaluru – 560 019

Ph: 080-26620404

## **\*\* Details \*\***

- **Target audience:** Faculty members of canteen committees, wardens and other faculty interested in environmental protection
- **Date :** 27<sup>th</sup> August, 2016, Saturday
- **Time:** 9.30 am to 4.30 pm
- **Fees :** INR 500/- ( includes Tea / coffee and Lunch )
- **Workshop Communication Methodology:** Highly Interactive / Participatory / Group Discussions /Videos / PPTs
- **Venue: Adamyia Chetana Foundation**
- **Annapoorna –** BBMP Community Hall , Next to GaviGangadhareshwara temple, Kempegowda nagar, Bengaluru – 560 019, Ph: 080-26620404, Google map <http://bit.ly/2baVgEp>

## **Eminent personalities:**

1. Yellappa Reddy
2. Almitra Patel, Noted environmentalist
3. Sri Vishnumayananda Swamiji of Ragihalli RK Math, Green expert
4. Vishwanath (OTG) Urban farming expert
5. Vamanachar (noted environmental expert) & former Pollution control Board Chairman of Karnataka
6. Sri Y B Ramakrishna (Expert on alternative fuels)

## **Core team delivering this program**

1. T V Ramachandra, CES, IISc
2. Harish Bhat, Researcher and Consultant, IISc
3. Tejaswini Ananth Kumar, Chief Trustee of ACF
4. Soumya Prasad, JNU
5. Mridul Salgame, Consultant Food Safety and Quality
6. Pradeep Oak, IT expert
7. D R Subramanya,
8. Samir Kagalkar, Fellow of IIM B

## **Workshop core impact areas**

1. Live Demonstration / Visit to Adanya Chetana 's Green Kitchen
2. Meaning of Social service in today's world . How I can contribute ?
3. Environment conservation – Need of the hour : Impact of Hazards
4. Green Kitchen – Practices / Methodologies
5. Converting our Kitchen to a Green kitchen – How ?

## **\*\* More Information \*\***

Please contact Dr. Samir Kagalkar at [samir.k@ananth.org](mailto:samir.k@ananth.org)

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## **\*\* Schedule \*\***

**Date: 27<sup>th</sup> August, 2016 | Venue: Adamyia Chetana |  
Timings: 09.30 am to 4.30 pm**

9 – 9.30 AM: Registration, Tea and networking

**I session – Inauguration (09.30 am to 11.00 am)**

**30 to 09.40 am: Welcome and introduction to ACF and  
workshop: Dr. Samir Kagalkar**

**40 to 10.00 am: Social service concepts & ACF journey:  
Dr. Tejaswini Ananth Kumar**

**00 am to 10.45 am Key note by Chief Guests: Dr.  
Sridhar, Hon'ble Vice Chancellor of VTU, Dr.  
Vamanachar, Dr. Yellappa Reddy, Dr. T V Ramachandra (12  
mins each)**

**45 am to 11.00 am: Video about Adamyia Chetana  
Foundation's Green Initiatives**

**Tea break: 11.00 am to 11.15 am**

**II Session: Fossil free fuel & Zero Garbage Annapoorna Kitchen  
visit: 11.15 am to 11.45 noon:**

Tour guidance and information by Dr. Salgame and Shreya Rao (  
Q&A : 11.45 am to 12.00 noon)

**III Session: Expert talk on impact on environment AND  
Creative solutions to bigger problems 12.00 noon to 1.00 pm  
(Environmental status currently and issues therein)**

Sri Harish Bhat, Environmental researcher, IISc

**Lunch: Group formation and discussion over lunch by  
participants (1.00 pm to 2.00 pm)**

**IV Session: 2.00 pm to 2.30 pm:** Presentation by Dr. Shamasundar NIE on the experience of first Biogas plant in a college (NIE)

**V Session: 2.30 pm to 3.30 pm:** Presentation by participants “How can I bring about change in my organization’s kitchen”? Presentation and Group discussion by each groups on issues, ideas and solutions (Harish Bhat to moderate the presentation)

**VI Session: 3.30 pm to 4.15 pm:** Adopting Green Lifestyle in our lives: Dr. TV Ramachandra

4.15 pm to 4.30 pm: Concluding session and certificate distribution

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**\*\* Map \*\***

